

Healing of the Emotions

1. Many Christians today are eating crackers and cheese, when our fare entitles us to a full banquet. **We do not possess our full inheritance in God.** Discuss
2. Beelzebub means Lord of the flies – demonic forces are attracted like flies to – bitterness, jealousy and fear. (James 3:15-16) Discuss ?
3. Satan whispers doubt into the mind - it starts with a thought. If you don't take control of that thought, it can grow into a stronghold in our mind, a place out of which the enemy can operate. 2 Cor. 10:3-4. What are some of these strongholds?
4. We are all products of our upbringing. We have been programmed to think and react in various ways. "As a man thinks in his heart, so is he." Prov 23:7. What are some of the misbeliefs you have grown up with?
5. You may have grown up amongst comments such as “you’re not good enough”, or “try harder”. You may never have been able to attain the high standard expected of you and always felt a failure. Do you know people like this?
6. Rom 12:1 *Don't let the world squeeze you into it's mould.* Christians are becoming more like the world, than like Christ. People crave the approval and acceptance of the world, rather than growing in a relationship with God. Discuss.
7. *True holiness results in our being changed into the image of God. It is a renewing process in which we gradually begin to see and think differently. This comes from a burning love for God & a desire to please Him in all things.* Do you feel like this?
8. Satan is a deceiver and will hide a lie into our hearts to prevent us from being set free. Common lies are: “*That's just how I am*” or “*I've always been this way*” Do you ever feel like this?
9. Instead of approaching the day thinking “*I hope I can survive*”. We can think “*I wonder what God can do today through me*” Lam 3:23 – 24 *Great is his faithfulness; his mercies begin afresh each day. I say to myself, “The LORD is my inheritance; therefore, I will hope in him!”* What is your normal mental approach to the day?
10. Focussing on the bad things we did in the past robs us of a renewed mind. If we are constantly reminding someone of their past failings then we are doing the devils work for him. (Rev 12:10) Discuss
11. What do you meditate on each day? Is it a problem with your finances? The lack of a good job? God said in Isa 26:3 *I will keep him in perfect peace whose mind is stayed on me.* Every time the enemy puts a negative or destructive thought in our heart We are not to accept it. – Use the shield of faith to block out these flaming arrows.